

QUIET ON THE SET WITH DR. GARY ARTHUR

You recently had surgery and it is taking you AGES to recover. You can't help but fear that everyone will forget you on set from all of this time AWAY. None of the medication you've been given is HELPING and the Motion Picture and Television Industry is working with or without YOU.

It's time to call the knowledgeable Dr. Gary Arthur for help! He attended the prestigious Palmer West College of Chiropractic Medicine and graduated with honors in 1987 after realizing that the MD route was not the correct path for him. He specialized in Applied Kinesiology because of its natural approach to the body and results he had witnessed firsthand.

Dr. Gary Arthur has received Board Certification by the National Board of Chiropractic Examiners and the state of California Board of Chiropractic Examiners. He is also deeply involved in professional societies such as the California Chiropractic Association, International College of Applied Kinesiology, American Chiropractic Association, and has been selected for placement in Who's Who for Executives and Professionals.

What makes Dr. Gary Arthur unique is the fact that he truly understands our "Industry Issues". Being a child performer himself (ask the charismatic Dr. Gary about his encounter with Roy Rogers after his singing performance)—born into an artistic family—his father a pastor, songwriter, playwright and director—and his mother a noted gospel singer—he truly understands the rigors of the creative life. And having been raised with a beautifully strong biblical background, he continues this commitment with his charming family, including his wife (Dr. Lisa, who partners with him in his practice), and three stunning daughters (two of whom aid him in his practice), and his son, a former professional surfer, who will be entering the ministry—integrity and helping each individual to achieve their optimum wellness has been his lifelong goal.

The untimely death of his father at age 39 from multiple health issues, put Dr. Gary on a quest for health solutions. When his health deteriorated after a traumatic car accident, he sought for a solution. He found a chiropractor who specialized in spinal and postural restoration. This was extremely helpful, because, as a result of his whiplash, he had lost the curve in his neck and developed chronic pain and allergies. Restoring the curve and normal posture helped relieve his symptoms for good. After this, he and his wife decided to become chiropractic doctors with an emphasis on the naturopathic approach. During chiropractic school, his experience as a nutritional consultant at a prominent health club gave him his first knowledge of Kinesiology (Ask Dr. Gary about his encounters with the patients of "Dr. Bob" it's hysterical!). His personal experiences have made him empathetic toward his patients and understanding of their unique needs.

And, to this Power Agent Reporter, it seems as if every encounter Dr. Gary had resolving his health issues (mercury fillings being replaced in his teeth with even more mercury, resulting in ill health—as a star athlete—he discovered nutrition and fasting); he was guided more and more to the Holistic Way. His extraordinary path has culminated in his founding Health in Balance, a picturesque Oasis of Health and Functional Integrative Medicine nestled in gorgeous Laguna Beach.

Chiropractic Adjustments, Spinal Decompression, Cold Laser Therapy, Detoxification Programs, IV Nutritional Therapy (Ask about HIB's IVs which include Myers, Hydration, Adrenal Stress, Relaxation, Detox/ Hangover, Immune, Mood Elevation, and Performance—just to mention a few!), Nutritional Counseling, Homeopathic Therapy, Mind-Body Neuro-Emotional Techniques, and Massage Therapy are only a sampling of what the Health in Balance Wellness System can provide you!

Issues such as Sleep Disturbance, Disc Bulge/Herniation, Depression, High Cholesterol, Emotional Stress, Fatigue, Fibromyalgia, Digestive Issues, Muscle/Back/Joint Pain, Immune Issues, Food Intolerance, Thyroid/Adrenal Issues, Hormonal Imbalance, Weight Gain/Loss, High Blood Pressure, Diabetes, Headaches and Migraines, ADD/ADHD, Acne/Eczema/Psoriasis, Allergies/Sinus Issues, Arthritis, and Inflammation are dealt with on a daily basis with great success at Health In Balance!



This is your Perfect Location to stay 3 days or 3 months to put yourself back into PICTURE PERFECT SHAPE. Of course, one day visits are welcome as well!

Dr. Gary Arthur may be seen at Health in Balance BY APPOINTMENT ONLY.

Health in Balance's hours are:

M, W, F 7am – 2pm

Tues, Thurs 12pm – 6pm

Sat 7am – 12pm (For massage only)

Sun CLOSED

AND IT'S ONLY RAVE REVIEWS FOR DR. GARY ARTHUR

"I received very high quality care from Health in Balance. I have only received chiropractic treatment a few different times throughout my life and what I received here was better than the others. It made a huge impact on my injuries and I believe is the reason they will not 'bother' me throughout the rest of my life. Also the physical therapy staff is incredibly effective."

Mace W. – Tucson, Arizona

"Dr. Gary Arthur and the entire staff at Health in Balance are professional and knowledgeable. This awesome and amazing staff really cares about their patients' successful treatment. I confidently say this because I am being successfully treated by Dr. Arthur as a result of a recent automobile accident. Under Dr. Arthur's care, I am being completely restored to radiant health and great vitality. So it's only natural that I refer to 'Health in Balance' as 'The House of Health, Happiness, and Healing.'"

Raymond K. – Newport Beach

"Several years ago, I was in such horrible back pain. Due to the pain I was unable to remove myself from my car and I was calling friends, crying to see if they could come and help me. Thankfully, a friend recommended that I call Dr. Gary, once I had him on the phone he had me do several different movements. Once he heard my responses he had me come in immediately. After, a set of x-rays Dr. Gary saw that I had a deformed disk which was the root of my pain. I cannot believe that he was able to see what numerous 'specialists' failed to. Since my first experience with Dr. Gary, each time I experience a slight pain in my back I immediately make an appointment to see him. For I know first-hand that he will be able to remedy my problem before it becomes escalated. Another plus, is that he does not rely on pharmaceuticals to help relieve and/or mask pain. He and his staff are able to help you achieve a pain-free existence naturally."

Cat F. – Laguna Beach

"Dr. Gary and Dr. Lisa Arthur have been treating our family for 15 years...from minor aches and pains, to treatment when sick with the flu, to helping me recover from major surgeries. They and their whole staff are wonderful! The best example: I was struggling to recover from brain surgery which had had me feeling weak, unable to concentrate and my left leg completely numb. The MD I was seeing basically had me on a series of drugs for my symptoms. Dr. Gary immediately got me on nutritional supplements to help my body start to heal and started chiropractic adjustments to ease the severe back and hip pain that had developed from weeks of favoring my left side. He then suggested seeing a trusted acupuncturist to get my nervous system working again. Within just a few weeks the numbness was gone in my leg and I began to feel stronger and like myself again. Best of all, I was off all medication!"

Mary H. – Laguna Beach

Isn't it time for you to be at your Motion Picture and Television Best? Contact Health in Balance at (949)497-2553 to make an appointment TODAY. You may also give them an email jingle at office@healthinbalance.com. If you would prefer to "Book On Line", you may visit their website at www.healthinbalance.com to view all of the treatments available and fill out your New Patient Form! Find out why we've named Dr. Gary Arthur one of OC'S/LA'S TOP 10 CHIROPRACTORS. You will be pain free and at your Industry Best—and it will be QUIET ON THE SET WITH DR. GARY ARTHUR!

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O.C. & L.A.'S TOP 10 CHIROPRACTORS

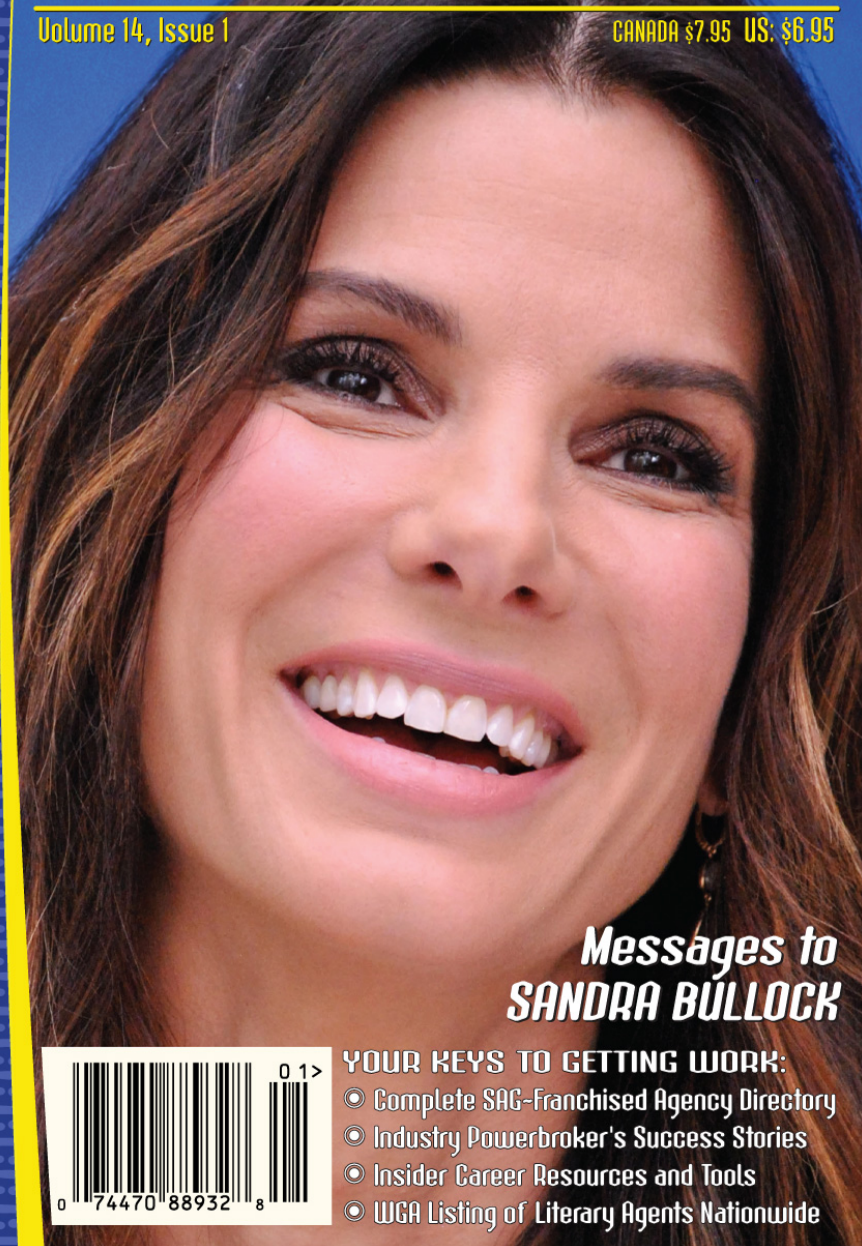
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Messages to
SANDRA BULLOCK



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- Industry Powerbroker's Success Stories
- Insider Career Resources and Tools
- WGA Listing of Literary Agents Nationwide

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